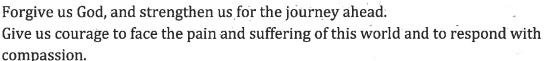


Trinity Presbyterian Church 156 Florida Park Drive Palm Coast, Florida 32137 (386) 445-4757

www.trinitypresbyterianchurchpalmcoast.us

Trinity Times April 2020

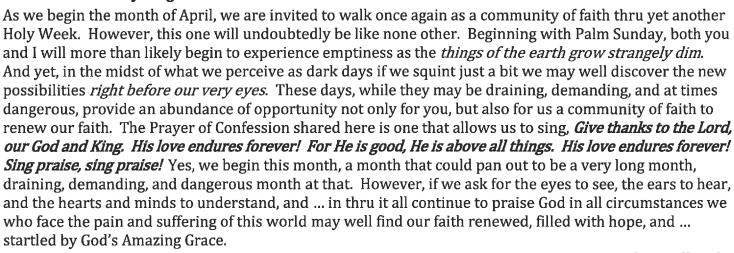
Suffering God,
the way of the cross is a hard road.
It is draining.
It is demanding.
It is fraught with danger.
You ask us to stay by your side
as you walk toward Calvary.
But weariness and fear overtake us.
Like the first disciples, we are quick
to betray you,
to deny you,



As the darkness gathers, renew our faith, fill us with hope,

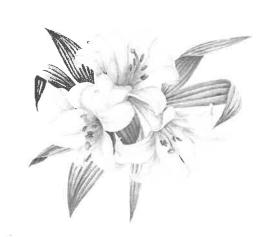
to abandon you.

and startle us with your grace.



-Reverend Dr. Jeff Beebe

Visit us online at trinitypresbyterianchurchpalmcoast.us or Like us on Facebook for videos of Worship services, spiritual messages from Jeff Beebe and Brooke Tucker, and hymns and music played by Heasuk Che, members of our choir and the Handbell Choir.





POETRY PRAYERS BY SARAH ARE

Enster Sunday 1 THE WILDERNESS IS THE BIRTHPLACE OF JOY

I used to know the wilderness only as pain;
A land without food, a land without water.
But you rained down manna
And even water flows in your desert.

I used to think the wilderness was total isolation— But the Israelites had each other, And you had the stars in the sky.

So then I thought the wilderness must be time wasted—
Forty years of circles.
Forty years of wondering.
But then I realized, each step is a step,
And maybe there's growth in that.

So then I concluded that the wilderness must be lonely spaces—
The woman and her well,
The blind man and his gate,
Martha and her kitchen,
Peter and his fire.
But then you showed up in each of those places,
To each of those faces.

So now I wonder-

What if the wilderness is the birthplace of creation? What if the wilderness is where call begins? What if the wilderness is where joy is birthed? What if, between the dirt and the sky And that wide orange horizon, The wilderness is where we find you?

Christian Education & Youth Update

Hallelujah! He Has Risen!

This Holy Week 2020 looks very different than any other Holy Week we have celebrated together. Most notably we are not together. I feel the pressure to give you all something amazing for Easter and Holy Week. To create something over the top that will give Easter all the celebration that it deserves. Yet, the words that keep coming to me are "this is enough, this is all we need." I find those words in a book that I bought over a year ago (More Than Words by Erin Wathen) and had never had the time to open. Now that I have more than enough time, I am finally reading it. God is slowly getting through to me, showing me that this Easter is exactly what we all need. It's not about canceling events that we had planned, but finding sabbath in this season of celebrating God. We won't be spending time in the kitchen trying to create the perfect Easter meal or racing from egg hunt to soccer games to birthday parties. This Easter we will be with God, and God will give us all that we need. This Easter is the opportunity to make memories, to start new traditions that will bring us back to what Easter is all about, celebrating and worshiping God.

Ideas for your Easter week Celebration:

On the following page you will find a coloring sheet. Take time and listen to your favorite hymn or Christian Worship Song while you color.

Camp out in your back-yard, read Mark 14:32-39 and talk about how Jesus and the disciples must have felt that night in the garden. Talk about prayer and what you pray for.

Watch: The Passion New Orleans (this is my favorite!) It follows the passion story as it would occur if it happened today.

Collect flower petals, palm fronds, and leaves and make a living cross.

Begin each day with A Son Salutation (poem and yoga sequence on next page)

Wake up early on Easter Morning and watch the sunrise together. As you are waiting, make a list of things that you are grateful for on this day. Read John 20: 1-18

Above all remember that:

"Easter is a day of new beginnings and new life. It is a day for hope and love that overflows. It is a day of gratitude for the days we've had and the days to come. It is a day where we remember that love is stronger than hate, and death does not have the last word."

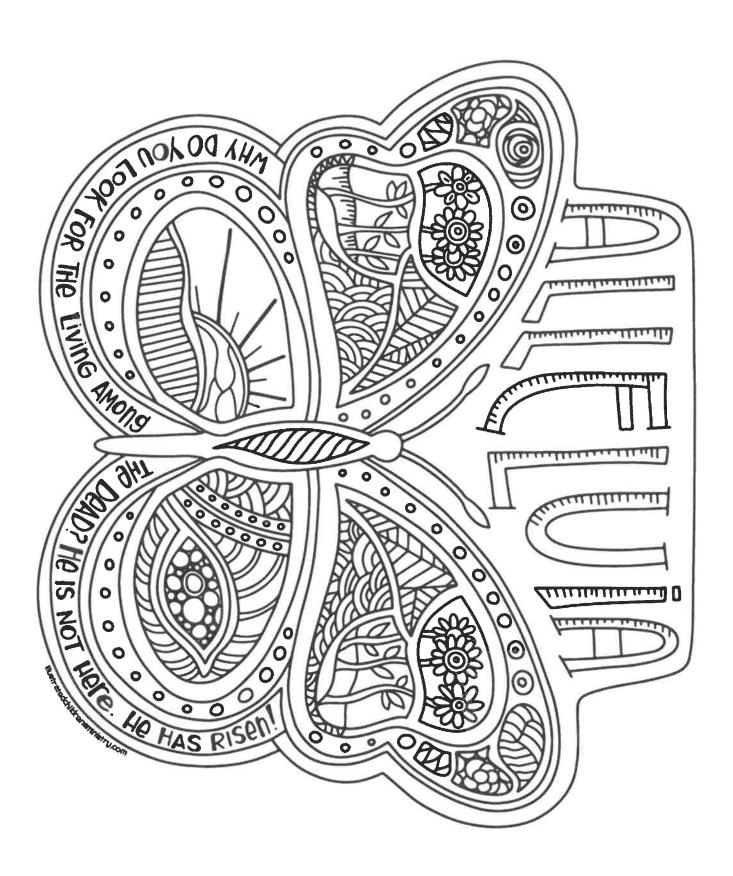
-Sarah Are

Happy Easter!

Blessings,

Brooke Tucker





PHYSICAL WARM-UP: SON SALUTATIONS

Son Salutation Poem - By: CJ Dates

The Son, the Son, I salute the Son. The Son of God lives in everyone. Christ has risen, Christ has blessed. The whole world in His heart rests. With Christ I rise, ready to live, happy to be, and ready to give. The Son, the Son, I salute the Son. Christ opens his arms to everyone.

Son Salutation Sequence

- 1. Begin standing in Mountain Pose with hands at heart center or down by the sides.
- 2. Sweep arms up and overhead.

The Son, the Son

3. Fold forward with soft knees.

I salute the Son

4. Look up halfway, lengthening the spine.

The Son of God

5. Step left leg back bringing left knee to the mat for a low lunge.

Lives in everyone

6. Lift arms straight up and overhead.

Christ has risen

7. Lower arms straight down bringing hands to the mat.

Christ has blessed

8. Step right leg back for a high pushup.

The whole world

9. Lower both knees and then the entire body down to the mat, keeping elbows hugged in.

In His heart rests

10. Straighten arms and lift torso for cobra.

With Christ I rise

11. Push body back into downward-facing dog.

Ready to live

12. Step left leg forward bringing right knee to the mat for a low lunge.

Happy to be

13. Lift arms straight up and overhead.

And ready to give

14. Lower arms straight down bringing hands to the mat.

The Son, the Son

15. Step right foot forward to meet the left and bow.

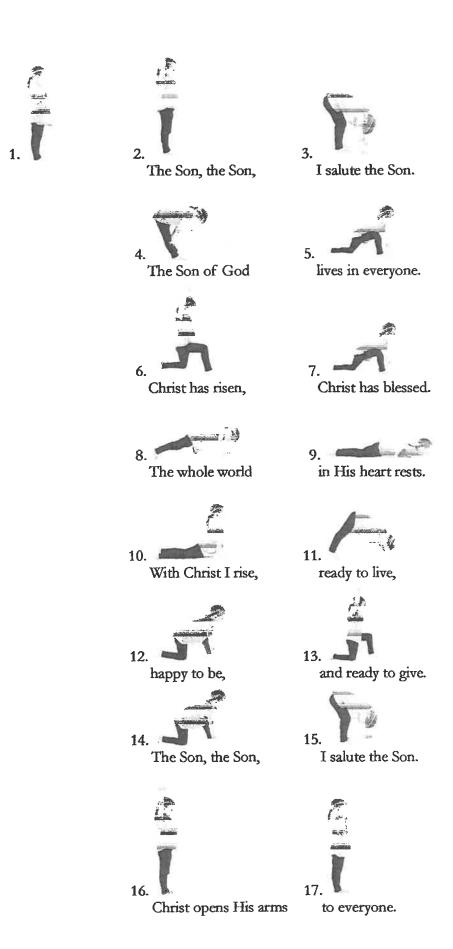
I salute the Son

16. Sweep arms up and overhead.

Christ open His arms

17. Lower hands in prayer position to heart center.

To everyone



In Memoriam George Mascenic Catherine (Kit) Leslie John Pope



Join us in prayer for our members and loved ones

Gail Alvaro, Nick Alvaro, Addie Anderson, Raymond Anderson, Kim Atchison, Sandra Ball, Mary Batailo, Margaret Best, Adrienne Betts, Cakiah Betts, Bonnie Bikos, Doris Boone, Jason Bradley*, Tom Brinton, Bob Butler, Jasper Casey, Matthew Conley, Davidson Family, Austin Davis, Margaret Deck, Britt Desperza, Maverick Dennis*, Joe Digby*, Eleanor Eidson, Patrick Floyd*, Christian Galloway, Steve Gates, Angela Grussing, Stanley Hannum*, Ryan Hart, Claudia Hillyer, Hazel Hoffman, Carissa Jackson, A.J. Jebbia, Vicki Jebbia, Janet Johnson, Javan N. Jones*, Patrice Koch, Dave Knight, Patrice Koch, Joe Krier, Derris Ledin, Sue Ledin, Daniel Leutner, Florence Lyman, Kenny Mack*, Marissa Mallicote, Jan Markiewicz, Diane Matta, Mina McAlister, Bobbie McCarthy, Brian McCarthy, Kevin McCarthy, Wilma McRae, Ellie Mikkelsen, Declan Mitchell*, Eli Morris, David Nelson, Kathryn Nelson, Joseph C. Orr*, Mark Odle, Howard Parker, Janet Pegg, Madison Peters, Luke Pierce, Bea Pison, Sue Pope, Alice Powell, Helene Read, Wilma Reinholz, Bradford Robinson, Wendy Rogers, Ralph Rossheim, Frances Sampson, Ian Samuel, Claire Santuae, Gloria Scandariato, Don Shelton, Jennifer Sheringham*, Sara Shoreland, Joe Shull, Diane Simmons, Bonnie Slager, Vivian Smith, Angela Spirito, Athalie Thibou, Ryan Tugas*, Ronald Warwell, Judy Wilson, Matthew Winternheimer*, The Winternheimer Family

We are happy to pray for you and your loved ones. If someone is in need of prayer, please let the church office know: trinityoffice@cfl.rr.com. Those listed in bold are members of the church and the asterisk indicates active military service.



Yerdis Trexler	4/1	Gloria Martin	4/15
Carol Ann Ayers	4/2	Doris Childress	4/17
Nollan Dutton	4/6	Kit Leslie	4/17
Elizabeth Hermans	4/6	Julie Pearson	4/17
David Hair	4/8	Joyce Chmel	4/21
Ross Royce	4/10	Bart Cope	4/23
Eric Munzberg	4/11	Martha Funk	4/23
Shelley Kleinfelder	4/12	Ruth Gordon	4/25
Ted Lesher	4/13	Ginny Elgin	4/28
Robert Welz, Jr.	4/13	Edith May	4/28
Shirley Wilson	4/13	Libbie Butler	4/30
Cyndy Beebe	4/15	Penny Weidner	4/30
Erynn Beebe	4/15		

Continue to support Trinity

Please continue your financial support of the work of the church. Your help is needed for Trinity to continue to be a vibrant church. During this time, you may send your contribution in the following ways:

Mail your check to the Church Office: Trinity Presbyterian Church, 156 N. Florida Park Drive, Palm Coast, FL 32137.

Use a debit or credit card or checking or savings account to give online via Shelby Online Giving on the Church website. Visit the contribute page or Donate NOW button on our website at https://trinitypresbyterianchurchpalmcoast.us



One Great Hour of Sharing

For over 70 years, One Great Hour of Sharing has provided Presbyterians a way to share God's love with our neighbors in need around the world.

in a world of disaster, hunger, and oppression

Millions of people lack access to sustainable food sources, clean water, sanitation, education, and opportunity.

The three programs supported by One Great Hour of Sharing - Presbyterian Disaster Assistance, the Presbyterian Hunger Program, and Self-Development of People - all work in different ways to serve individuals and communities in need. From initial disaster response to ongoing community development, their work fits together to provide people with safety, sustenance, and hope.

Join us in our annual campaign

For those who are able to provide financially, over and above regular giving, you may make contributions to the One Great Hour of Sharing online at our website or by mailing a check made out to Trinity Presbyterian Church with One Great Hour in the memo.

Church Office Hours Monday-Thursday 9:00am – 12:00pm

Church Staff

The Rev. Dr. Jeffrey W. Beebe, Transitional Pastor
Heasuk Che, Director of Music/Organist
Brooke Tucker, Director of Faith Formation
Lillian Warner, Director of Handbell Choir
Dana Mack, Church Secretary
Judy Grady, Administrative & Financial Assistant
Tommy Buonocore, Sexton